



# Are you looking after someone who would struggle without your help?

Your practice is committed to supporting their carers. Complete this card and hand to a member of practice staff for access to information and support.





Adding yourself to your GPs 'carer register' can offer lots of benefits, such as access to information, annual health checks and convenient appointment times

Tick all that apply:

- I wish to be added to the practice carer register
- I wish to be informed about carer flu jabs and health checks
- I give consent for my details to be shared with the local carer support service and for them to contact me

Date referral sent

(admin use only)



Name.....

- Nottingham City
- Nottingham County
- Other

Postcode.....

Phone.....

Email.....

