

CARER GROUPS AND DROP-IN SESSIONS IN NOTTINGHAMSHIRE

Other Organisations

DROP INS

DISTRICT	Address	Day	Time	Contact	Telephone	Day	Time
COUNTYWIDE	CARERS' COUNCIL - ALLIES IN MENTAL HEALTH is a charity offering support across Nottinghamshire (including the City) to family, friends and carers of those experiencing mental distress			Judith Machin judith.machin@ntlworld.com	0115 9179025		
BASSESTLAW Lauren Medlam	RETFORD CARERS SUPPORT GROUP , Riverside Medical Centre, Riverside Walk, Retford, DN22 6AA	Last Wednesday	1030 -1230	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	1-2-1 Drop-In Sessions , Hallcroft Methodist Church, Retford, DN22 7LB			Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824	First Wednesday (starting 03/05/17)	1200 - 1300
	WORKSOP CARERS SUPPORT GROUP , The Crossing, Newcastle Street Worksop, Notts S80 2AT	2nd Wednesday	1000 - 1200	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	THE AURORA WELLBEING CENTRE , Memorial Avenue, Worksop S80 2BP. Offer services for people with a diagnosis of cancer or long term conditions e.g. Pilates, Yoga, Beauty and Holistic treatments. Cancer patients entitled to 6 free treatments, carers entitled to 2 free treatments.				01909 470985		
	FORGET-ME-NOTTS DEMENTIA GROUP , Bassetlaw RVS, The Old Abbey School, Priorswell Road Worksop, S80 2BU. Lunch, social and crafts at £5 per session	TUXFORD: Tuesday and Fridays RETFORD: Wednesdays	1200 - 1530 1100 - 1430	Bev Pottinger Michelle White	01777 870341 07515 278727		
NEWARK & SHERWOOD Zena Cameron	NEWARK CARERS SUPPORT GROUP , Newark & Sherwood CVS, 67 Northgate, Newark, NG24 1HD	2nd Thursday	1030 - 1230	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	Newark MIND , The Manse, 56 London Road, Newark, NG24 1TH For carers of family members and friends suffering from mental health illnesses.	3rd Tuesday	1300 - 1430	Sarah Robinson sarah.robinson30@btinternet.com	01636 650228		
MANSFIELD Linda Fox	MANSFIELD CARERS SUPPORT GROUP , Friends Meeting House, Rosemary Street, Mansfield, Nottinghamshire NG19 6AB	1st Friday	1000 - 1200	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	MENTAL HEALTH CARERS GROUP , St Peters Centre, Churchside, Mansfield, NG18 1AP For carers of people with mental health issues: a supportive environment for discussion and sharing experiences.	2nd Wednesday	1400 - 1600	Peter Robinson peter.robinson@ntlworld.com	01623 512607		
ASHFIELD Linda Fox	ASHFIELD CARERS SUPPORT GROUP and Drop-In , Ashfield Health & Wellbeing Centre, Portland Street, K-in-A, NG17 7AE	2 nd Monday	1300 - 1500	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824	2nd Monday	1200 - 1300
	FORGET-ME-NOT DEMENTIA SUPPORT GROUP , Kirkby Trinity Centre, Point Diamond Avenue, Kirkby in Ashfield, NG17 7GN	3rd Monday	1330 - 1530	forget-me-not.support@hotmail.co.uk	07763 519196		
	HUCKNALL TAKING STEPS (walking group), Under One Roof, 3a Vine Terrace, Hucknall	Mondays and Wednesdays	various	Chair Person	0115 9636886		
	CARERS IN HUCKNALL (self help group), John Godber Centre, Ogle Street, Hucknall, NG15 7FQ	1st & 3rd Tuesday	1330 - 1530	Jim carersinhucknall@yahoo.co.uk www.carersinhucknall2.btck.co.uk	0115 9530746		
BROXTOWE Sue Cain	EASTWOOD & DISTRICT CARERS SUPPORT GROUP , Eastwood Volunteer Centre, Wellington Place, NG16 3GB	1 ST Wednesday	1330 – 1530	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	STAPLEFORD CARERS SUPPORT GROUP , Rockwell Court, Albert Street, Stapleford, NG9 8BZ	2 nd Tuesday	1330 – 1530	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	TOTON CARERS SUPPORT GROUP , Tesco Community Room, Swiney Way, Toton NG9 6QX	1 ST Wednesday	1000 – 1200	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	1-2-1 Drop-In Sessions , Tesco Community Room, Swiney Way, Toton NG9 6QX			Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824	3rd Wednesday (starting 15/06/16)	1000 - 1200

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GEDLING Yvonne Gregory	GEDLING CARERS SUPPORT GROUP , Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX	2 nd Tuesday	1030 – 1230	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	1-2-1 Drop-In Sessions , Civic Centre, Arnot Hill Park, Arnold, NG5 6LU			Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824	Last Friday (starting 28/04/17	1000 - 1200
	GEDLING DAY CENTRE SUPPORT GROUP , Ernedale Lea (behind Tesco), Howbeck Road, Arnold, NG5 8AA	Wednesday 25th January 2017 then Wednesday 26th April 2017		1300 - 1500	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824	
RUSHCLIFFE Sue Cain	RUSHCLIFFE CARERS SUPPORT GROUP , The Rad Room, Lings Bar Hospital, Gamston, NG2 6PR	1 st Tuesday	1330 - 1530	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		
	BINGHAM DAY CENTRE SUPPORT GROUP , Moor Lane, Bingham, NG13 8AS	Friday 27th January 2017 then Friday 28th April 2017	1100 - 1300	Nottinghamshire Carers Hub hub@carerstrustem.org	0115 8248824		