

**VOLUNTEER ROLE PROFILE**

**TITLE: YOUNG CARERS TRANSITIONS MENTOR**

**ACCOUNTABLE TO: PROJECT CO-ORDINATOR**

**OVERALL PURPOSE:**

**Young Carers Transitions Mentors will build a supportive and empowering relationship with a young carer (17-18ys) approaching transition to adulthood. Mentors will help their mentee to identify individual goals and issues that may impact the mentee’s opportunities as they reach adulthood and support their mentee to develop an action plan to work toward reaching goals and developing resources to overcome issues and problems.**

**MAIN DUTIES:**

* To build positive, professional relationships with young carers; helping to identify goals and aspirations; exploring options; accessing opportunities.
* To research and provide relevant information and signpost to appropriate services.
* To provide advocacy at appropriate times whilst also promoting independence and empowering the individual.
* Utilising a flexible and responsive approach to client need and arising issues.
* Attending core training and additional bolt-on training as required.
* Attending supervision and regularly feeding back to the Mentoring Team.
* To assist with initiatives that raise awareness of carers, the issues that affect them and the service within the community.
* To comply at all times with The Carers Federation Policies and Procedures, with specific reference to Health and Safety, Confidentiality, Safeguarding and Equal Opportunities.

**This role description is an outline and may be subject to change, with negotiation with the volunteer, as the post and the programme develops.**

PERSON SPECIFICATION

**TITLE: YOUNG CARERS TRANSITIONS MENTOR**

**ACCOUNTABLE TO: PROJECT CO-ORDINATOR**

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| **SKILLS:** |  |
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| Ability to communicate verbally and in writing with people at all levels | Essential |
| Effective listening skills | Essential |
| Ability to be creative and use initiative. | Essential |
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| **ATTITUDE:** |  |
| A genuine interest and commitment to supporting people with a caring role. | Essential |
| Empathy, warmth and an understanding of young carers who may be under pressure as a result of their caring role. | Essential |
| Flexible and willing to adopt new practices and styles to meet client needs. | Essential |
| Positive approach to client issues, seeking to empower clients and respecting diversity | Essential |
| Cultural awareness and a commitment to equal opportunities | Essential |
| Willingness to undertake training, supervision and guidance. | Essential |
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**This post is subject to an enhanced Disclosure and Barring Service Check as to the existence and content of any criminal record.**

**Asylum and Immigration Act: In order that the Company complies with the Asylum and Immigration Act 1996 (s.8 and amendments which came into force on 1st May 2004) all candidates are required to provide proof of eligibility to work in the UK.**